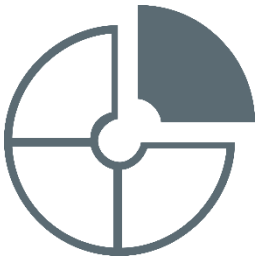


EASI – FLOOR EXERCISES FOR PRINT



Dear Instructor

What you have here, is a set of floor exercises that you can use for facilitation with the EASI typology. This presentation includes slides and instructions for the exercises. When you have selected which exercises you want to use, you might need to bring along some hard copies – they can be printed from this collection.

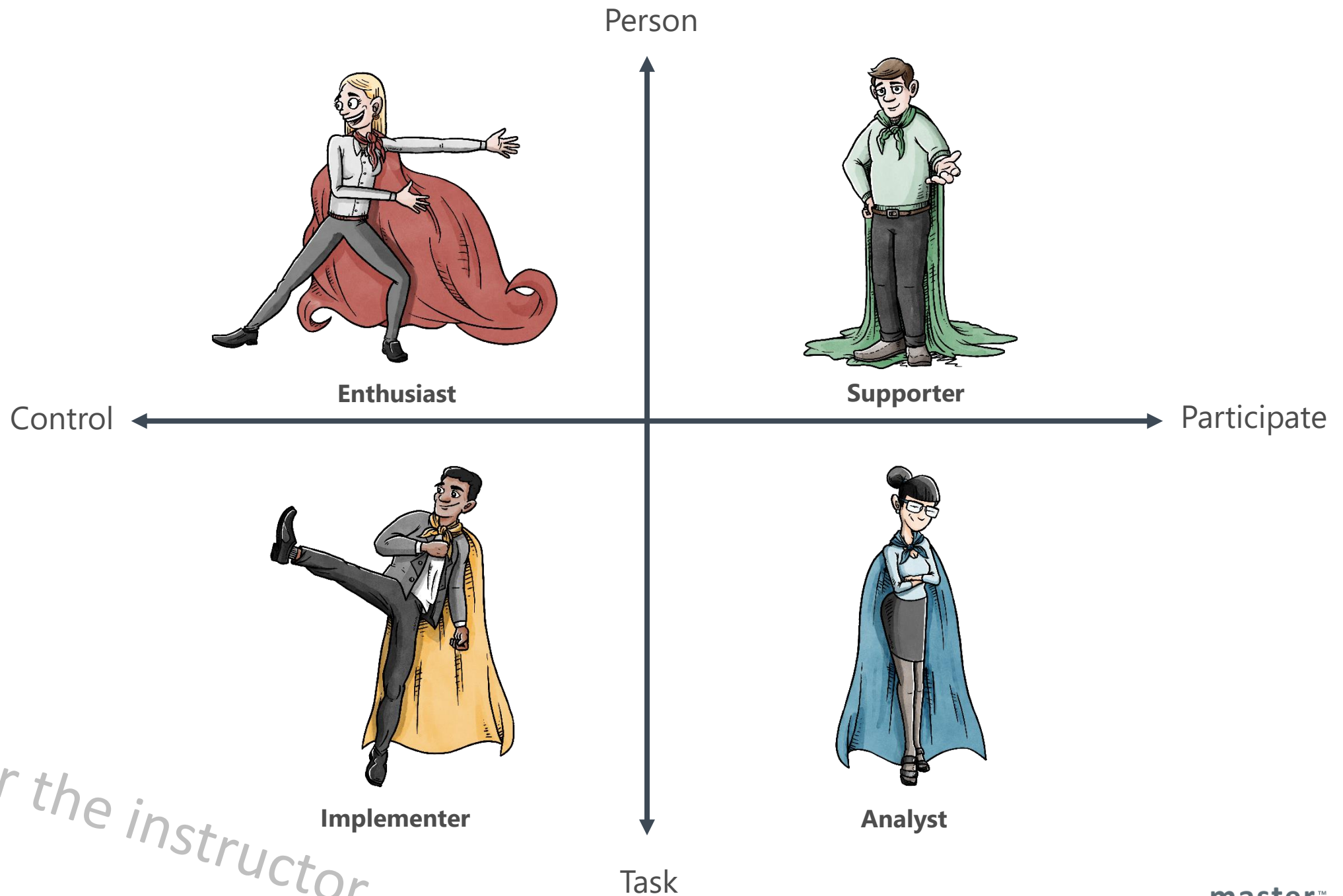
Find the relevant pages and print them. We suggest laminating them so they can be re-used even after they have been used on the floor during the exercise. Consider printing in colors – it makes the types very easy to recognize.

Some pages are marked with "for the instructor" because they show the correct solution to the exercise and provide you with extra words for explanations. Those pages are handy to have with you during the facilitation.

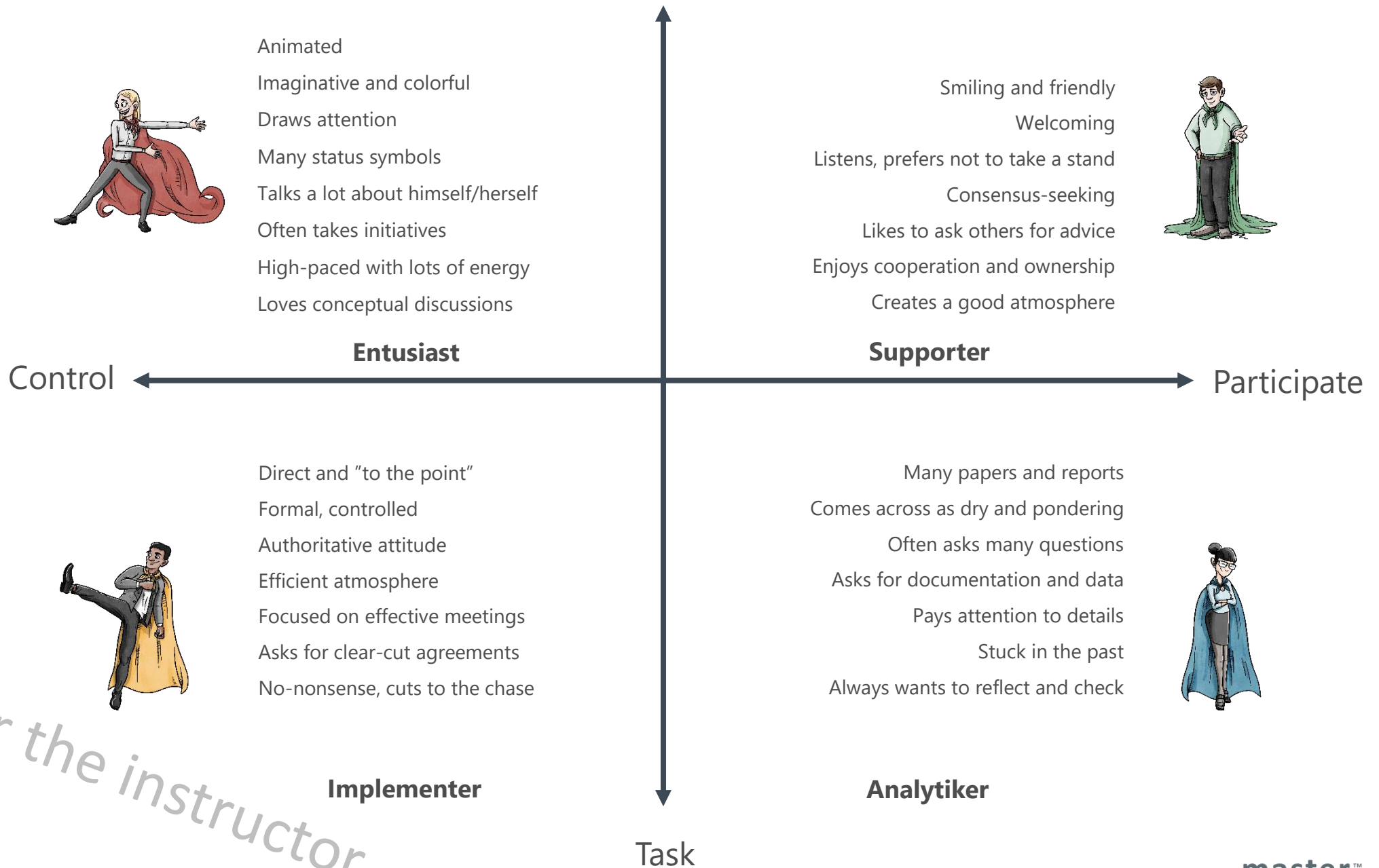
Dotted lines indicate that you should cut the words out to be used in the exercise.

Enjoy!

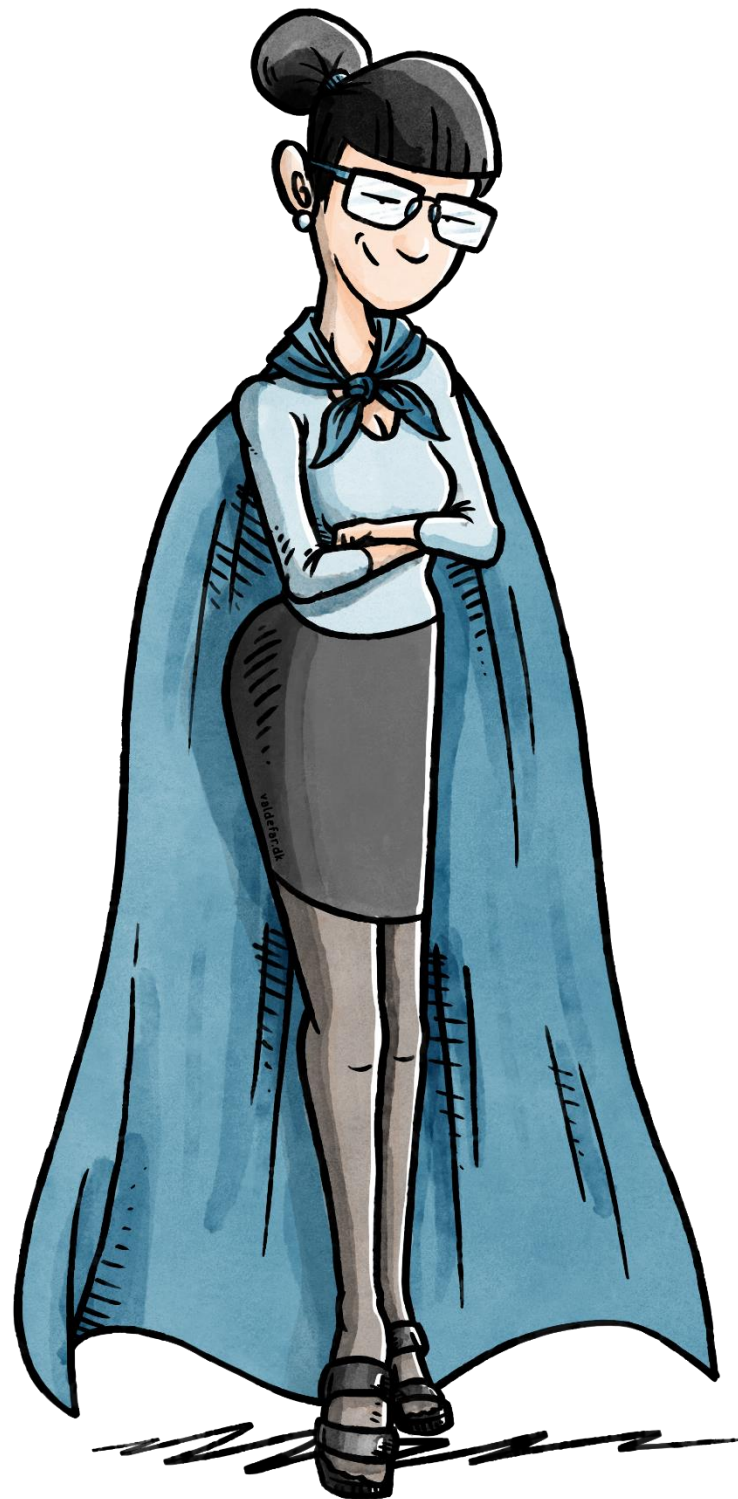
The Master Denmark Team

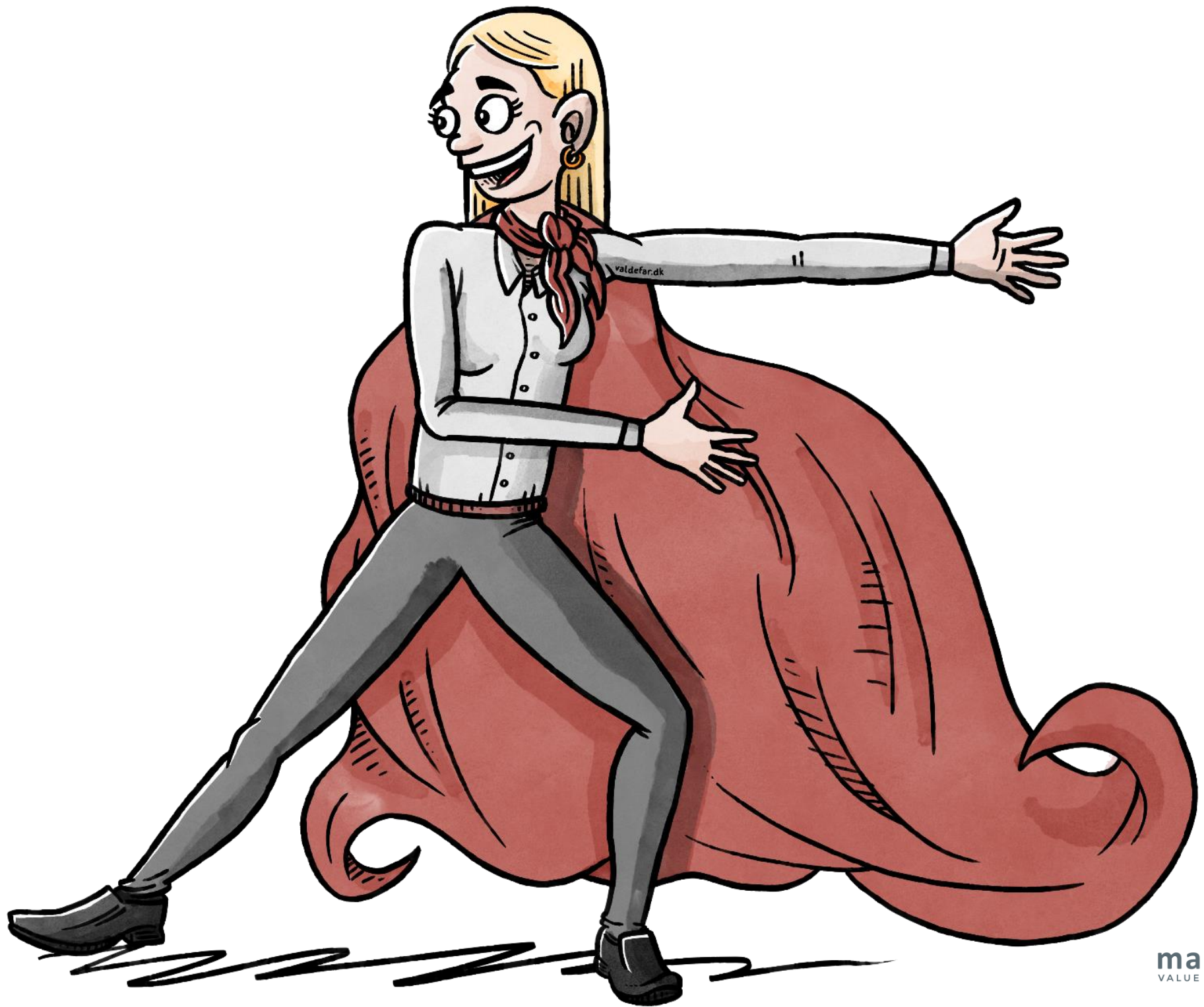


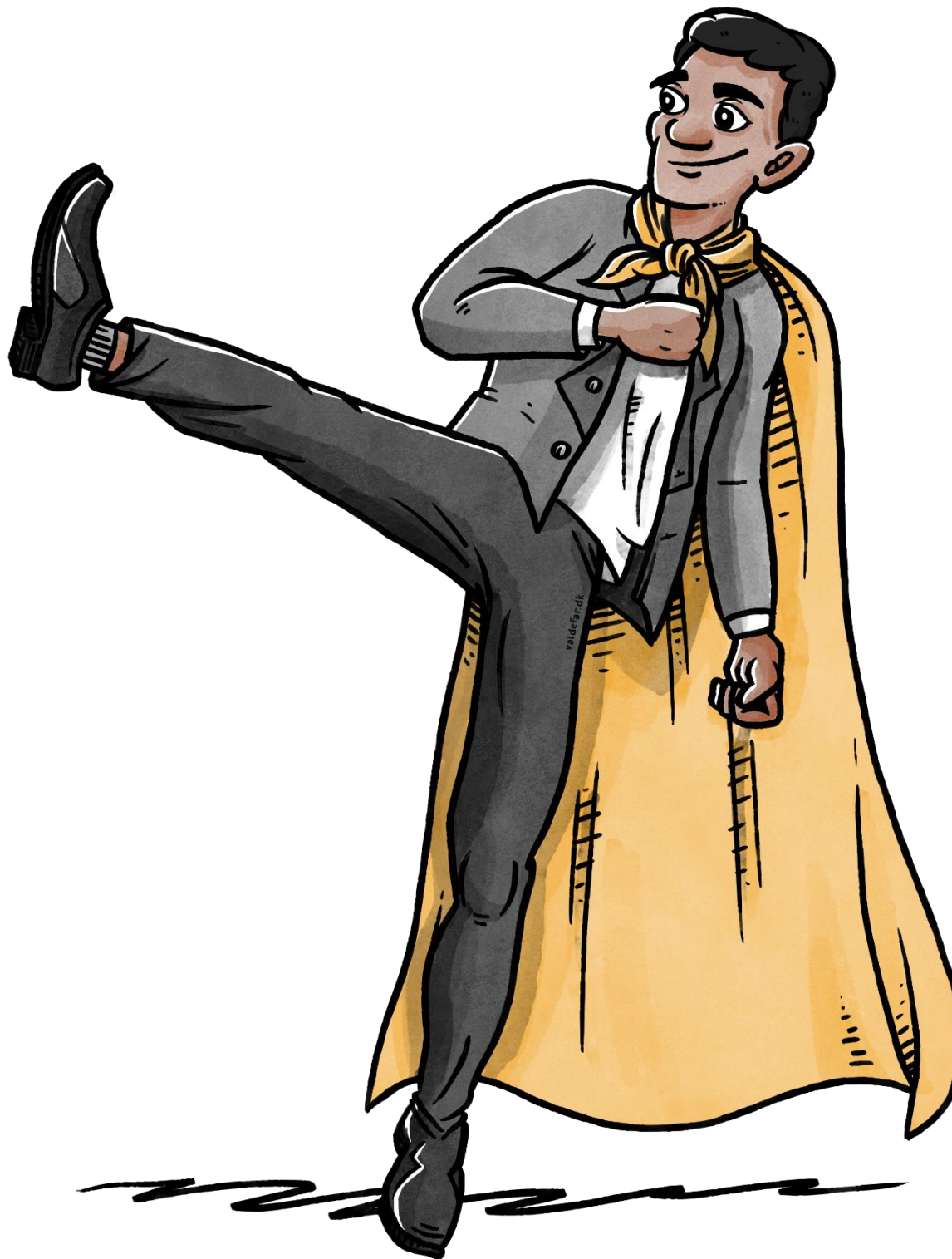
Person

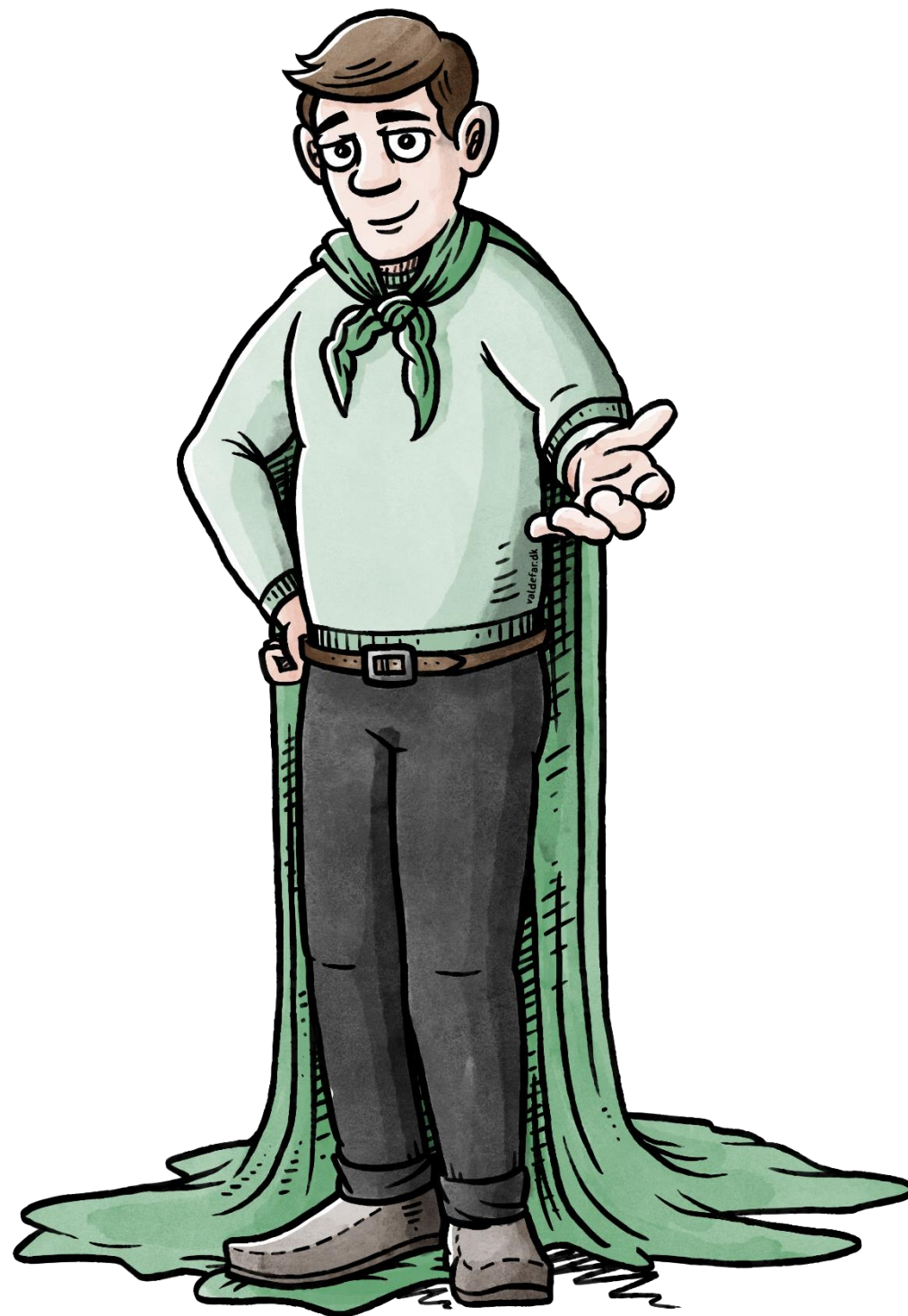


For the instructor





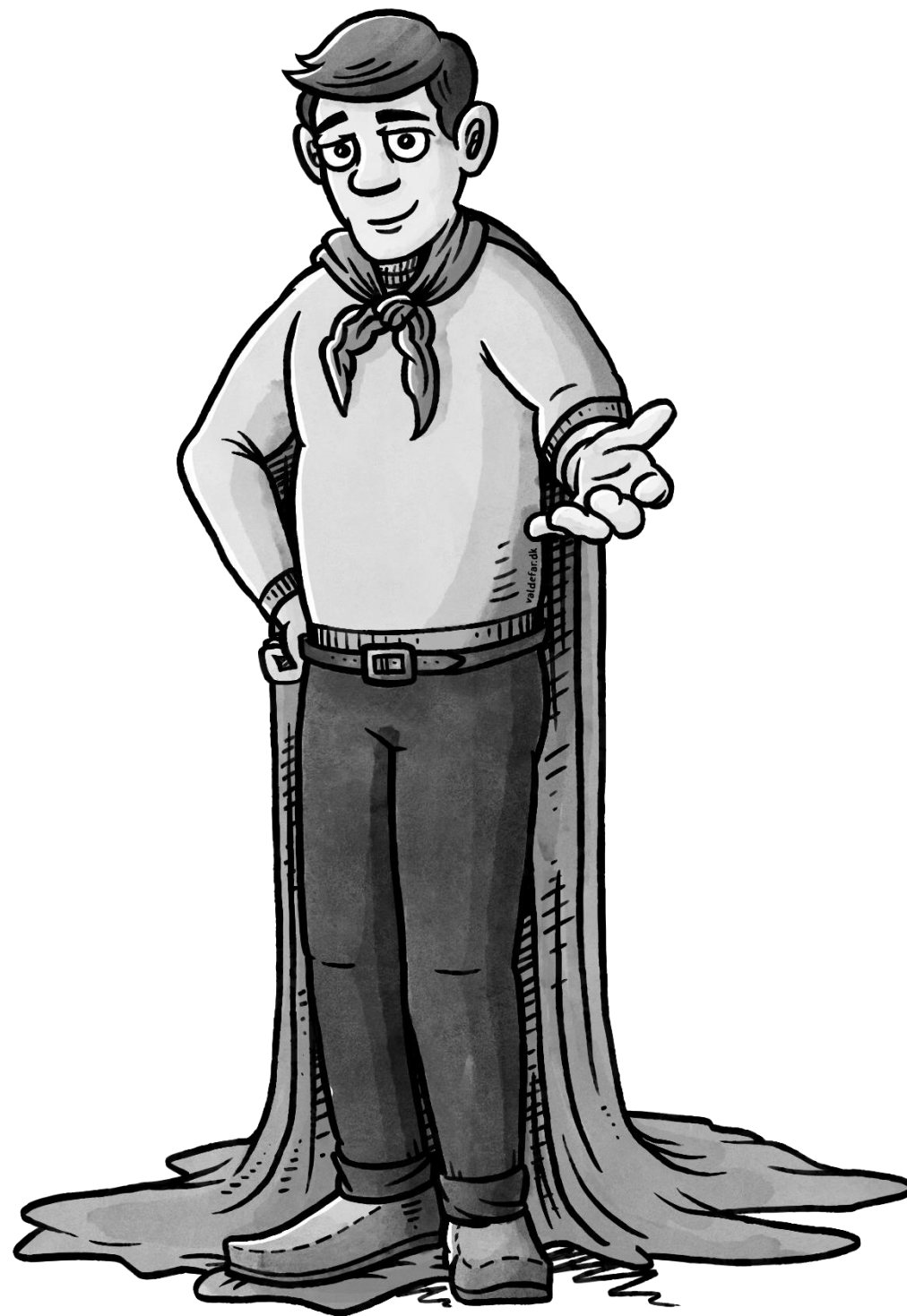












CONTROL

PARTICIPATE

TASK

PERSON

E

Exuberant

Emotional

Outgoing

Influential


Like to experiment

Spontaneous



Sensitive
Empathetic
Welcoming
Harmony-seeking
Patient
Seeks cohesion

Controlling
Result-oriented
Pragmatic
Effective decision making
Direct
Impatient



Deliberate
Systematic
Conscientious
Rational
Critical
Formal



Empathetic

master™
VALUE PEOPLE

Welcoming

master™
VALUE PEOPLE

Harmony-seeking

master™
VALUE PEOPLE

Sensitive

master™
VALUE PEOPLE

Patient

master™
VALUE PEOPLE

Seeks cohesion

master™
VALUE PEOPLE

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Systematic

master™
VALUE PEOPLE

Conscientious

master™
VALUE PEOPLE

Rational

master™
VALUE PEOPLE

Critical

master™
VALUE PEOPLE

Formal

master™
VALUE PEOPLE

KEA Parrot

Extensive vocal repertoire
Highly expressive
Spontaneous
Curious
Likes to experiment



Dolphin

Seeks social cohesion
Empathetic
Harmony-seeking
Welcoming
Curious



Polar bear

Controlling
Result-orientated
Effective decisions
Self-confidence



Beaver

Persevering
Systematic
Analytical approach
Focuses on facts
Reticent



For the instructor



The Enthusiast – KEA Parrot

The Kea Parrot lives in the southern part of New Zealand. It is hard to find protein-rich food in their natural habitat; consequently, they must examine every single leaf, etc., in their search for protein (caterpillars, etc.) In nature reserves, which visitors can access by car, they are known to be curious and e.g. break off windscreen wipers. They are the most challenging creatures to keep in a cage, as they are often able to find a way to escape – they examine every screw, door, opening, etc. Like Enthusiasts, they are creative and find alternative ways to do things.

The linking of the four animals' behavior to the EASI types, has been supervised by zoologist Mikkel Stelvig, Copenhagen Zoo, Denmark.



The Implementer - The Polar Bear

Polar bears belong at the top of the food chain; they do not need to watch their backs or to fear attacks by other animals. This makes polar bears seem very self-confident compared to other animals. Polar bears rear up on their hind legs to appear frightening and to signal their power. They will attack primarily if they feel physically threatened or in order to survive. On planned hunts for prey, polar bears will make swift decisions about where to attack based on their previous experience.

The linking of the four animals' behavior to the EASI types, has been supervised by zoologist Mikkel Stelvig, Copenhagen Zoo, Denmark.



The Supporter – The dolphin

Their vocal communication allows them to behave in a very empathetic and harmony-seeking way. Dolphins are highly curious in their approach to others, which makes them appear very interested in and welcoming to e.g. humans. They live in large groups and seek social cohesion.

The linking of the four animals' behavior to the EASI types, has been supervised by zoologist Mikkel Stelvig, Copenhagen Zoo, Denmark.



The Analyst - The Beaver

A beaver reacts to running water – it must be stopped! Beavers are extremely hard-working when they are building a dam to stop running water. They do not allow themselves to be distracted by other beavers, but stay focused and maintain their behavior – this is perceived as self-discipline. Only direct provocation will distract them. They build dams in a very structured way.

The linking of the four animals' behavior to the EASI types, has been supervised by zoologist Mikkel Stelvig, Copenhagen Zoo, Denmark.